



"The Downtowner"

KIWANIS CLUB OF ROCHESTER
ROCHESTER, MN.

www.kiwanisroch.org

March 31, 2019 Coming Programs

April 4 'Mayo School within a School' .
April 11 An Education day? (Del)
April 18 Dr. Roger Harms on Conservation
for the retired.
April 25 Students of the Month



Circle of Service for

April is:

Del Lawson, Cindy Kerr, , Clare Warren

Circles should send Clare their programs as quickly as possible so they can be included in the

Downtowner.) It helps if one person reports for all of the circle.



Stay alert for signup opportunities online at www.kiwanisroch.org

****Of Special Notice...

Pancake money has begun to come in, \$400 so far. Charlie is busy getting his letters out to his old list as well as names that have been given to him this season. May it be another good year.



Did you remember that our 'jester' recently turned 93? A most happy Birthday, Dan.

*** April 22 will be our next Pizza Ranch work project in Stewartville. Sign up now.....

Pancake Breakfast May 4 Tickets available for \$50 for a book of ten.

***Kiwanis One Day Food for Kidz April 6, Stewartville.

***Relay for Life needs more volunteers. Contact Al Lun for info.



Claire Creighton is presented as SOM for March from Lourdes High School. She was selected for this award for many reasons: her genuineness of character, her desire to do the right thing, her desire to pursue a worthy career, her

hard work ethic and commitment to her studies she finds time for involvement in extracurricular activities, including volunteer activities. She is a well rounded and excellent student. Claire plays piano and lists about 10 volunteer groups she has worked with.

After high school she intends to go to Loyola University in Chicago to major in biochemistry and minor in Spanish. Maybe a pediatrician one day.

ACTIVE MEMBERS	Home	Office or Cell
Austinson, Paul pjaustinson43@gmail.com	288-8735	273-5518
Borcherding, Don dpborcher@hotmail.com	282-1783	259-2679
Carlson, Dan Danhope3904@msn.com	285-1098	272-5215
Graham, Charlie**** Cgraham120@charter.net	288-8525	358-8567
Hull, Linda Co-President lindahull1025@yahoo.com		282-8399
Ilvedson, Ronald peterturkel@gmail.com	529-0551	
Jorgenson, Austin Secretary Austj4@gmail.com		413-2134
Kalmes, Bill w.kalmes@smithschafer.com	289-4056	288-3277 cell 951-7552
Kerr, Lucinda lucykerr2@hotmail.com	273-0412	
****Kersten, Richard rfkersten@q.com	289-1790	
Krsnak, Roger Immed. Past Pres rdkrsnak@us.ibm.com	282-2872	358-5020 cell 358-5020
Lawson, Del drdel22@aol.com	287-0862	951-4006
Lun, Al Webmaster albert.lun@gmail.com	289-3937	507-269-3853
Maddox, Colleen landherrmaddox@gmail.com	287-0318	280-7911 (cell)
McClocklin, Bob mcclocklin@charter.net	288-7772	cell 358-2401
Moore, Dan** Club Jester Dmoore1014@aol.com	923-4796	
Nehring, Irv inehring@frontiernet.net	775-6857	cell 226-1494
Nelson, David perryford90@yahoo.com		Auditor & Budget Advisor Immed. Past Pres. 533-0225 cell 815-243-1223
Nelson, Daniel dan61nelson@gmail.com	507-884-9829	
Oesterle, Scott scottoesterle@MSN.com	610-533-2685,	282-7502
Schultz, Bonnie bonnies@uwolmsted.org	280-6078	529-4830
Tompkins, Mary Mtompkins14@charter.net		Co-President cell 273-5012
Warren, Clare, editor, Treas. Clarew60@gmail.com	254-2087	
Weltzin, Dick weltzin@msn.com	288-2390	

23 Active members as of August 10, 2018

*Senior Member **Privileged Member ***Honorary Member
 ****Senior & Long Term Perfect Attendance
 *****Life Member

The preceding list reflects the official roster of active members according to Kiwanis International. If a name is missing or one is present that should not be, please let C. Warren know.

PRIVILEGED & HONORARY MEMBERS

***Peggy Anderson 288-3985
 ***Jim Bouquet 651-560-4292
 ***Bob Fiss 288-7480

The Kiwanis Club of Rochester meets every Thursday at the Meeting Room in the Hilton Hotel adjoining the Saints on Second Restaurant. Parking is free at rear of hotel & under the structure. Meetings last about one hour. Lunch is a buffet including an entree, fruit, salad, and drink for (\$13.50)

Newsletter Changes

Remember to call **Clare Warren at 254-2087** if you have anything you feel is newsworthy. We are trying to get the newsletter out every other week. It can be effective if you feed in the right information. Feel free to contribute something for publication!

Be sure to read the roster once in awhile and report any errors to C. Warren

Why not! If you have a computer, why not try to receive the Kiwanis Newsletter via e-mail. It is a quick and easy way for us to get the letter to you on time. We now have 21 ACTIVE members receiving it regularly. They enjoy the ability to get it in COLOR.

at www.kiwanisroch.org **2018-19**

Mary Tompkins
Linda Hull

Co- Presidents



David Nelsen Immed. Past Co-Presidents
 Roger Krsnak
 Austin Jorgenson Co-Vice President
 Clare Warren Treasurer
 Austin Jorgenson Secretary

Committees

Club Rep to District Dan Carlson

Membership, Growth & Education

Roger Krsnak, Charlie Graham, Del Lawson, Paul Austinson

Public Relations Mary Tompkins, Colleen Maddox, Ron Ilvedson, Al Lun

Community Services

Dan Moore, Austin Jorgenson, Bonnie Schultz, Bill Kalmes, Bob McClocklin

Youth Service & YCPO

Chair, Dick Weltzin,
Mary Tompkins, Don Borcherding,

Programs

Circles of Service

Human and Spiritual Values

Colleen Maddox, Dan Carlson

Finance Irv Nehring, Chair., , Clare Warren, Bill Kalmes, Linda Hull

Donations/Charities Dave Nelsen, Chair, Scott Oesterle

District & International web sites:

www.kiwanis.org

WWW.MNDAK.ORG

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.



Emily Siem receives her SOM certificate from Don Borcharding. She is from Mayo High

school. Emily had been nominated by her Math Department. She is another of those naturally gifted math students. She consistently shows a high level of willingness to learn and is always willing to help a fellow student. Emily is a very kind and witty person and is a joy to have in class. She was captain in the Science Olympiad. Other involvement; 4-H club, Mayo Honor Society, church hand bell choir, Paws & Claws, Rochester Nordic Ski Team and she breeds and shows rabbits.

She plans to attend college to study math, computer science and/or biology.

Another pair of outstanding and capable young women.



Mary Tompkins is setting up a project for our club in conjunction with the city's "Litter Bit Better" program.

Sign up when sheet is passed around. The project will be easier than in the past, says Mary.

****Offer from Colleen to accept any pancake tickets you purchase and can't sell or give away. She has a connection with Hiawatha Homes. If you buy a book and want to count as deduction, give them to Colleen.

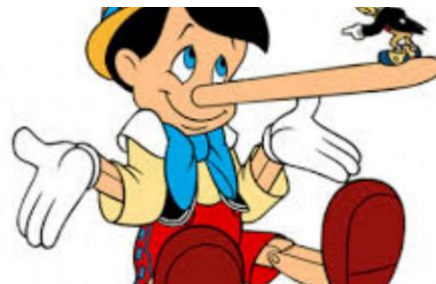


Tony Gergen from Sunrisers was present last week to promote a "Kiwanis" night for a Honker's baseball game. It will be **Friday June 14th** Dinner and social will be from 6:00-7:30.

You will be able to enjoy "all you want" of your ball park favorites with the camaraderie of fellow Kiwanis members, families, friends and perspective members. For the entertainment and game, our group will have seats behind home plate in the covered grandstand (with a seat back). First pitch takes place at 7:05. Our tickets are \$20 which includes Dinner, beverages, (alcohol not included)

I got a real chuckle from this one. You need to put this address in your Browser (Google, or other)

Mercedes AA Class.mp4 Select the commercial done by Julia Louis Dreyfuss.



Heal that hip / knee quickly. Here are some little known reasons why walking is so important.

Walking can add minutes to your life. This enables you at 85 years old to

spend an additional 5 months in a nursing home at \$7000 per month.

I like long walks, especially when they are taken by people who annoy me.

The only reason I would take up walking is so I could hear heavy breathing again

I have to walk early in the morning, before my brain figures out what I'm doing..

I usually walk five miles every day just going to the bathroom!

Every time I hear the dirty word 'exercise', I wash my mouth out with chocolate or vodka

The advantage of exercising every day is so when you die, they'll say, 'Well, he looks good doesn't he.'

If you are going to try cross-country skiing, start with a small country .

I know I got a lot of exercise the last few years,.....just getting over the hill.

AND

Every time I start thinking too much about how I look, I just find a Happy Hour and by the time I leave, I look just fine.